

NUR 101
Fundamentals of Nursing

Course: Fundamentals of Nursing

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Office Hours: Office hours posted outside office door each semester and by appointment with individuals.

PREREQUISITES: Pre- or Co-requisite BIO 210

DESCRIPTION:

This course facilitates the development of beginning technical competency in the application of the nursing process to assist in meeting the needs of selected patients of varying ages. The role of the professional nurse, interpersonal communication, legal and ethical considerations and basic skills will be taught. The clinical labs will include simulations and interactions with patients in hospital or nursing home settings. The nursing process will serve as the framework for this foundational course.

TEXTBOOK(S) OR ALTERNATIVE:

Required:

Kozier, Barbara, Erb, Glenora, Berman, Audrey, Synder, Shirlee, Fundamentals of Nursing, 2008, 8th edition.
NJ: Prentice Hall. ISBN 13: 978-0-13-171468-7

Laws Governing Nursing in South Carolina: State Board of Nursing for SC (Website: lr.state.sc.us/pol)

Publication Manual of the American Psychological Association, fifth edition, publication date July 2001 ISBN
1-55798-791-4 or ISBN: 13:978-1-55798-791-4.

Strongly Recommended:

Handbook of Lab and Diagnostic Tests – within 5 years

Medical Dictionary and Encyclopedia – within 5 years old

Nursing Care Plan Book

Nursing Drug Handbook – within 5 years old

MATERIALS (specifying those to be purchased by student):

The following equipment is required for lab/clinical rotation: Nurse Pac, Black Pen, Scissors, Pen Light, Stethoscope, Small Notebook, Watch with second hand, and Drug Handbook. Clinical rotations will require appropriate nursing uniforms supplies designated by instructor. Instructor will inform student of other materials needed prior to lab/clinical rotation.

COLLATERAL READING: To be announced. **All reading assignments** will be subject testing.

RESOURCES (A-V, persons, tools/equipment):

Lecture, audio-visual aids, class discussion, group discussion, group and/or individual project(s), pencil and paper tests, written assignments, role-play, reference readings, Web CT and/or other computer-assisted instructions.

LEARNING OUTCOMES:

Student will be able to:

1. apply a basic understanding of patient care and decision making in the provision of direct care.
2. identify the principles of teaching/learning in promoting the understanding of health and safety for the patient and their families.
3. communicate the basic concepts of the nursing process in written or oral format
4. demonstrate standards of precautions when demonstrating laboratory or clinical skills.
5. demonstrate the initial patient care within the legal, ethical and regulatory framework of nursing practice.
6. identify essential nutrients and their actions.
7. identify cultural differences in the health care environment.
8. assist patient and significant others to access available resources and services
9. demonstrate basic therapeutic and preventative nursing measures.
10. demonstrate in a lab environment safe skills including, but not limited to:
 - a. asepsis/hygiene
 - b. movement and positions
 - c. vital signs
 - d. wounds, bandages, dressings
 - e. nutrition
 - f. elimination
 - g. oxygenation
 - h. medication administration
 - i. data collection/assessment

COURSE TOPICAL OUTLINE (List topics and sub-topics of course) and Calendar or approximate length of time devoted to topic.

TENTATIVE SCHEDULE

- I. The Nurse, Patient and Health Care Environment
 - a. Definition of Nursing
 - b. Professional Nursing Roles
 - c. Nursing and Health Delivery Systems
 - d. Nursing in Health and Wellness
 - e. Ethics and Values
 - f. Legal Concepts in Nursing
 - g. Nursing Informatics
 - h. Medication Administration
 - i. Communication

- II. Effective – Decision Making in Nursing

- a. Nursing Process
 - b. Vital Signs and History
 - c. Documentation
- III. Components of Patient Care
- a. Asepsis
 - b. Safety
 - c. Hygiene
 - d. Diagnostic Testing
 - e. Skin Integrity and Wound Care
 - f. Perioperative Nursing
- IV. Psychosocial Basis for Nursing Practice
- a. Self Concept, sexuality and spiritual health
 - b. Cultural care
 - c. Family context in nursing
 - d. Growth and developmental status
 - e. Loss, grief and death
 - f. Stress and adaptation
 - g. Sleep and comfort
- IV. Promoting Physiologic Health
- a. Sleep
 - b. Pain Management
 - c. Nutrition
 - d. Urinary Elimination
 - e. Fecal Elimination
 - f. Oxygenation
 - g. Circulation
 - h. Fluid, Electrolyte and Acid-Base Balance
 - i. Activity and Exercise
 - i. Health Promoting and Patient Education

***NOTE:** The above information is a general outline of the material covered. The instructor reserves the right to alter the material either adding to or deleting from the list, as conditions and time allows.

TEST GRADE COMPUTATION

UNIT TESTS	70%
Quizzes	10%
FINAL EXAM (cumulative)	<u>20%</u>
TOTAL	100%

**** If no quizzes are given, the tests will be worth 80%.**

GRADING SCALE:

A	93-100
B	85-92
C	75-84
D	70-74
F	69 & below

COLLEGE WIDE COMPETENCIES:

Identify and use sources of information by utilizing information processing skills compatible with job demands in a computer-literate society.

Solve problems incorporating effective decision-making, reasoning and creativity.

Apply mathematical/computational skills to solve problems.

Practice interpersonal skills and teamwork in their lives and chosen careers.

Perform professional/technical skills which are appropriate and ethical for their chosen disciplines.

INSTRUCTIONAL METHODS TO COMPLETE OUTCOMES:

Will include but not limited to: lecture, class discussions, demonstrations, clinical practice, computer assisted interactive software, etc.

EVALUATIVE METHODS TO APPRAISE OUTCOMES:

Course grades will be derived from theory and practice (lab and clinical rotations). A grade below 75 in theory or an unsatisfactory lab or clinical evaluation constitutes failure of the course regardless of either scoring individually. A student is permitted to repeat a NUR course **ONE** time only. The student who repeats a NUR course and does not achieve a grade of 75 or better is ineligible to continue enrollment in the Associate Degree Nursing Program. While waiting to repeat a NUR course, a student will not be able to take a NUR that has a prerequisite of the NUR course which was not successfully completed.

CLASS MANAGEMENT ACTIVITIES (Attendance, tardies, testing, etc.):

Academic Dishonesty:

NETC honors the state SCTCS Student Code with regard to Academic Dishonesty. Students should read page 46 of the NETC College Catalog. A copy of the Student Code is available at www.netc.edu.

Identification Badges

The College requires that students wear their Northeastern Technical College Identification Badge at all times while on campus and within the clinical setting areas. Failure to wear ID badge will result in the student not being allowed to enter in to the classroom or clinical setting.

Attendance and Tardy Policy:

- a. CLASSROOM – The student is responsible for material covered in any class or lab. A student may miss a maximum of up to 10% of scheduled class hours. It is strongly advised that students attend all classes. Three tardies will equal one absence. A student will be considered tardy if he/she comes into the classroom after the roll has been called.

- b. **CLINICAL** – Students are required to attend 100% of the stated clinical hours in each Nursing course. If the student misses **10% or less** of clinical hours due to illness, death of a family member or unpreventable circumstance, the student **will make up the hours** according to the guidelines stipulated by the Nursing Department. Make-up of the clinical time must be completed before the end of the term. If additional absences occur (beyond 10%), the student will be subject to clinical failure, which will result in the student receiving an “F” for the course due to excessive absences in clinical. A student will be considered tardy if he/she arrives after the official clinical starting time and will not be allowed to enter into the clinical area, resulting in a clinical absence. In the event of a clinical absence, the student must notify the appropriate clinical facility **ONE HOUR** before the designated start time of that clinical rotation.

Failure to notify the instructor and the facility prior to clinical absence will be considered unethical performance and can result in clinical failure.

Classroom Etiquette:

An integral part of an education is developing a sense of integrity and responsibility, not only toward instructors, but also toward other students. In the classroom, as on the job or in your home, exhibiting appropriate behavior reflects on your maturity. Arriving late to class, being unprepared, inappropriate talking while class is in session, etc. negatively reflects on you and your fellow students. Please be considerate.

CLINICAL/PRACTICE EVALUATION:

1. Patient Care Areas: The student is allowed a maximum of three (3) unsatisfactory markings on the NUR 101 Clinical Performance Evaluation. If a student receives four (4) or more unsatisfactory markings on the Clinical Performance Evaluation sheet, he/she will receive an unsatisfactory evaluation for the total NUR 101 clinical rotation and will result in failure to meet minimal requirements for the class. If a student jeopardizes patient safety or engages in unethical or illegal behavior, this will result in a clinical course grade of failure.
2. Nursing Lab: Satisfactory demonstration of each designated skill or procedure according to established guidelines. Students will be given two (2) attempts to perform each designated skill. A student who is unsuccessful after the second attempt will receive an unsatisfactory evaluation and will result in failure to meet minimal requirements for the class.

GUIDELINES FOR STUDENTS:

1. All assignments must have your name on it or you will receive a zero.
2. Students are expected to be fully prepared for each class.
3. One half (1/2) point will be deducted for each misspelled word. This applies if the same word is misspelled more than once, and no points will be given if I am unable to read your answer.
 - a. **Tests** will consist of information gathered from: text, lecture, assigned reading, material handed out in class/on web, assigned, and video content. Test questions will be accumulative.
 - b. **There will be no retests.** Makeup tests will be allowed only for valid excuses and prior contact with the instructor is made when possible. A grade of “zero (0)” will be recorded for

any tests missed. If a foreseeable problem should arise, a test may be taken early at a time established by the instructor. To be eligible to take the test before the planned exam date the student must contact the instructor prior to the scheduled time of the test. The student may leave a phone message or E-mail explaining their situation and the timestamp on the message must meet the deadline stated above. The instructor will return the call or respond to the E-mail indicating if the excuse is acceptable or not, and if the excuse is acceptable the day and time of the test will be arranged.

- c. **Final exams** will only be administered on the designated date and during the designated time for that particular class.
 - d. **In event you are absent** on a day of a scheduled test, and your excuse is valid, you are expected to make up the missed test on your first day back to school (clinical or lecture). Failure to do so will result in a grade of zero (0) for that test. The test will be left in the Success Center. You will need your student ID card in order to take the test. The instructor reserves the right to administer a full discussion test or a test other than the original test. The instructor reserves the right to alter students seating arrangements during tests.
 - e. **Tests will be returned as soon as possible.** Tests will not be returned until all students have taken the test. Tests are not to be taken from the classroom and must be returned to the instructor after review. Any unscheduled quizzes that are missed will not be allowed to be taken at a later time and a grade of zero (0) will be given for that quiz.
4. **Assignments** are to be turned in at the designated assignment time. If you are unable to turn in the assignment, you must make arrangements to have the assignment turned in for you. All written assignments must be typed and **turned in via e-mailed**. Late assignments will automatically have 10 points deducted.
 5. The instructor reserves the right to refuse any paper, which is messy or unreadable, or appears to be copied. Incorrect grammar and spelling errors will be noted. Papers will be graded according to the guidelines outlined in the specific grading rubric for the assignment.
 6. **Students will be expected to dress professionally** and maintain professional conduct at all times in the classroom (please see student nurse handbook).
 7. There is to be no drinking or eating in the classroom, simulated lab, or computer area.
 8. **Students with disabilities** are encouraged to contact the Vice-President for Student Services to discuss needs or concerns as they pursue an academic program and participate in campus life. The Vice-President for Student Services will provide guidance regarding official documentation of disabilities and/or accommodation of needs. (See Catalog pg. 23).
 9. **Electronic devices** (cell phones, pagers, etc) must be turned off during class. The devices are not part of the instructional environment and may be confiscated by the instructor if utilized during class time. If you are a member of emergency preparedness, you must have authorization from the Vice President of student services to keep your device on during class.

Grade Sheet
NUR 101 Fundamentals of Nursing

Name: _____

Theory

Unit Tests:

Test 1 (Chapters 1, 2, 4,5, 6, 9)	_____	Test 7 (Chapters 47, 48, 49)	_____
Test 2 (Chapter 35)	_____	Test 8 (Chapters 50, 51, 52)	_____
Test 3 (Chapters 11, 12, 13, 14, 15)	_____	Test 9 (Chapters 44, 45, 46)	_____
Test 4 (Chapters 29,30)	_____	Test 10 (Chapters 16, 17, 26,27)	_____
Test 5 (Chapters 31, 32, 33)	_____	Test 11 (Chapters 39, 40, 41)	_____
Test 6 (Chapters 34, 36, 37)	_____	Test 12 (Chapters 18, 42, 43)	_____

Add the tests together and divide by the total number of tests. Take this result and multiply by 70%.

_____ X 70% = _____ (1)

Pop Tests:

- | | | | | |
|----------|----------|----------|-----------|--------------|
| 1. _____ | 4. _____ | 7. _____ | 10. _____ | Research |
| 2. _____ | 5. _____ | 8. _____ | 11. _____ | Paper: _____ |
| 3. _____ | 6. _____ | 9. _____ | 12. _____ | |

Add the number of pop tests and research paper together and divide by the total number given. Take this result and multiply by 10%.

_____ X 10% = _____ (2)

Comprehensive Final Exam:

_____ X 20% = _____ (3)

Total Theory grade: Add 1, 2, and 3 together for total theory grade. _____

Assessment Technologies Institute Educational Testing:

Met requirements: yes _____ no _____

Clinical/Skills Lab:

Skills Lab Performance: Satisfactory/Unsatisfactory _____

Clinical Performance: Satisfactory/Unsatisfactory _____

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Acknowledgement of Policies

Name _____

Class _____

Please print your name

I have read the syllabus for this class and my instructor has gone over it with me. I understand it and I will adhere to it. All questions have been answered.

Signature _____

Date: _____